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CAPE LIFESTYLE AESTHETIC INSTITUTE

Price List

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Advanced skin and medical aesthetic treatments, tailored to you.

Consultations

VISIA Skin Consultation	*R640*
Aesthetic Doctor Consultation	*R920*
Neurotoxin Doctor Consultation	*R440*
Skin & Aesthetic Doctor Consultation	*R1300*

Skin Treatments

Skin Health Medical Facials

Our personalised treatments include cleansing, exfoliation, extractions, a chemical peel and a soothing mask with a massage, all tailored to your skin's unique concerns for a radiant, refreshed glow.

Medical Meso Glow Facial	*R1280*
Barrier Repair Facial	*R1150*
Revive Deep Cleanse Facial	*R1100*
CLAI Signature Facial	*R1830*
QMS CLAI Signature Facial	*R1830*

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Regenerative Peels

Our personalised skin renewal treatments use a customised peel to target your unique concerns, leaving your skin radiant, smooth, and refreshed.

Mesoestetic Pro Peel	*R950*
Mesoestetic MD Peel	*R1100*
Mesoestetic Touch TCA	*R1400*
Mesoestetic Phen TCA	*R1650*
Mesoestetic Cosmelan	*R17650*
MeLine Peel	*R1800*

Precision Skin Needling

Our collagen-stimulating treatments use fine needles to trigger natural skin renewal while delivering powerful active ingredients such as Hyaluronic Acid, Peptides, Vitamins, and Tranexamic Acid directly into the skin. This combination targets concerns like ageing, pigmentation, dehydration, fine lines and uneven texture, restoring healthier, smoother and more radiant skin.

Precision Needling Face	*R2500*
Precision Needling Face & Neck	*R2800*
Precision Needling Face, Neck & Chest	*R3650*
Precision Needling with Exosomes	*R4550*

Mesotherapy

Our non-surgical skin rejuvenation treatments deliver a series of micro-injections with nourishing solutions directly into the skin. This targeted infusion boosts hydration, stimulates collagen and improves concerns such as ageing, dullness, fine lines, pigmentation and dehydration.

Mesotherapy Face	*R2675*
Mesotherapy Face & Neck	*R3100*
Mesotherapy 1ml Medical Serum Add-On	*R850*

Regenerative Plasma Treatments

Using the healing power of your own blood, this treatment stimulates natural collagen production and accelerates skin regeneration. A small amount of blood is drawn and processed to concentrate the platelet-rich plasma (PRP) or platelet-rich fibrin (PRF), which is then reintroduced into the skin through micro-injections or combined with needling

Signature PRP Renew Treatment	*R4890*
PRP Needling with Toxin	*R3550*
Scalp PRF	*R1980*
3D Needling with PRF	*R3500*
Scalp Add-On	*R950*

Lumecca IPL Treatments

Lumecca IPL (Intense Pulsed Light) is an advanced light treatment that targets excess melanin - the pigment responsible for dark spots and uneven tone. It delivers powerful light pulses that penetrate the skin, selectively heating and breaking down pigmented cells without harming surrounding tissue. The body then naturally clears away the fragmented pigment, revealing a brighter, more even complexion.

Lumecca IPL Face	*R2450*
Lumecca IPL Face & Neck	*R2750*
Lumecca IPL Face, Neck & Chest	*R4200*
Lumecca IPL Neck & Chest	*R2750*
IPL Hands / Neck Add-On	*R950*
Lumecca Meso Glow Treatment	*R2950*
Lumecca Meso Glow Face & Chest	*R3430*
TCA & Lumecca IPL Combo	*R3275*

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Tri-Therapy Treatments

Tri-therapy is a results-driven treatment that combines three modalities in one session - usually exfoliation, stimulation and targeted infusion. By layering techniques like a gentle peel and microneedling with active ingredients, it improves texture, boosts collagen and enhances overall radiance for more comprehensive results.

Tri-Therapy with Needling Face & Neck	*R2675*
Tri-Therapy with Mesotherapy Face & Neck	*R2675*

Plasma Pen

A plasma pen is a non-surgical skin tightening device that uses controlled plasma energy to create tiny micro-injuries on the skin's surface. This stimulates collagen and elastin production, helping to tighten, lift, and improve skin texture over time. We also use it for precise spot removal, targeting concerns such as skin tags and benign lesions with accuracy and minimal damage to surrounding tissue.

Plasma Pen Spot Removal	*R1900*

Doctor’s Treatments

Neurotoxin Treatments

At CLAI, we offer a range of specialised neurotoxin treatments designed to deliver natural results, enhance facial harmony and address both cosmetic and medical concerns.

Our neurotoxin treatment prices start from R90 per unit of Botox.

1. Toxin for Migraines

Neurotoxin injections can provide effective relief for chronic migraines. By targeting specific muscles in the head and neck, the treatment relaxes tension and helps prevent migraine triggers. Many patients experience a noticeable reduction in the frequency and severity of their headaches.

2. Toxin for Lines and Wrinkles

One of the most popular uses of neurotoxins is to smooth wrinkles in the upper face, such as frown lines, forehead lines, and crow's feet. By temporarily relaxing the targeted muscles, the skin looks smoother, softer, and more refreshed.

3. Toxin for Masseters (Teeth Grinding)

Bruxism, or teeth grinding and clenching, can cause jaw pain, headaches and damage to the teeth. Neurotoxin injections relax the overactive masseter muscles, easing discomfort and protecting your smile. This treatment not only relieves tension but also creates a subtle, slimming effect on the jawline for a more refined facial appearance.

4. Toxin for a Gummy Smile

A gummy smile occurs when the upper lip lifts too high, exposing more gum than desired when smiling. With small amounts of neurotoxin, we can relax the overactive muscles, allowing the lip to lower slightly and create a more balanced, natural-looking smile.

5. Toxin for a Brow Lift

By strategically injecting neurotoxin around the brow area, we can relax the muscles that pull the brows downward. This allows the lifting muscles to work unopposed, creating a gentle elevation of the brows. This results in a more open, youthful, and rested appearance.

6. Chin Dimpling Treatment

A “peach pit” or “orange peel” texture on the chin, as well as downturned mouth corners (caused by the DAO muscle), can create an aged or tired look. With targeted neurotoxin injections, we smooth chin dimpling and lift the corners of the mouth for a more refined, youthful appearance.

6. Hyperhidrosis (Excessive Sweating)

Excessive sweating can be uncomfortable and affect confidence. Neurotoxin injections block the signals that activate sweat glands, significantly reducing sweat production in areas like the underarms, hands, or feet. The result is long-lasting dryness and comfort.

7. The Lip Flip

The Lip Flip enhances the upper lip by relaxing the surrounding muscles with tiny neurotoxin injections. This causes the lip to subtly “flip” outward, creating the appearance of fuller, more defined lips - without adding volume or using fillers.

8. Platysma Band Toxin (Nefertiti Lift)

Over time, vertical neck bands and sagging skin can affect the jawline and neck contour. The Nefertiti Lift targets the platysma muscle with neurotoxin injections to relax tight bands, smooth the neck and gently lift the jawline - restoring a more elegant profile.

Dermal Filler Injectables

Our range of dermal filler treatments is designed to restore lost volume, enhance natural features, and create a more balanced, youthful appearance. Each treatment is tailored to your individual facial structure for results that look natural and refined.

Our dermal filler injections start at R4,280 per vial. A slight reduction in price applies when more than one vial is used during the same appointment, as some patients may require 2–3 vials for optimal results. Our Lip Plump treatments are priced per treatment at R4,500.

1. Lip Plump

Our Lip Plump treatment adds volume, definition and symmetry through lip filler, while maintaining a soft, natural shape to your lips. Whether subtle or more enhanced, results are tailored to your preference.

R4500

2. CLAI Lip Rejuvination Treatment

Our CLAI Lip Rejuvenation Treatment combines lip filler with a subtle lip flip to enhance shape, softness and overall balance. This treatment adds volume and definition while gently relaxing the upper lip for a more lifted, refined appearance - and can also improve the look of a gummy smile. The result is beautifully proportioned, natural-looking lips tailored to you.

R5000

3. CLAI Lip & Chin Rejuvenation Treatment

Our CLAI Lip & Chin Rejuvenation Treatment enhances harmony in the lower face by combining lip filler, a subtle lip flip and chin enhancement. This approach adds natural volume and definition to the lips, can soften a gummy smile if needed and refines the chin for improved balance and profile. Results are refined, sculpted, and tailored to your desired level of enhancement.

R6980

4. Gummy Smile Treatment

Our Gummy Smile Treatment uses precise, targeted toxin placement to gently relax the upper lip muscle. This softens excessive lift when you smile, reducing gum show while maintaining natural movement and expression. The result is a more balanced, confident smile - subtle, refined, and beautifully proportioned.

R1000

5. Bunny Lines on Nose

Our Bunny Lines Treatment targets the fine lines that appear on the sides of the nose when you smile or scrunch your face. Using precise, small doses of toxin, we gently relax the underlying muscle to smooth these lines while preserving natural expression.
The result is a softer, more refined look - subtle, balanced and never frozen.
R1000

6. Cheek Filler

Cheek fillers restore volume and lift to the mid-face, enhancing cheekbone definition and rejuvenating your overall facial profile.

7. Cheek & Jawline Filler

By adding structure and contour, chin and jawline fillers create definition, improve facial balance and sculpt a sharper, more harmonious profile.

8. Marionette Line Filler

Filling the lines that run downward from the corners of the mouth softens a sad or tired look, restoring a lifted and more positive expression.

9. Nasolabial Fold Filler

These fillers smooth the deep folds between the nose and mouth, softening shadows and restoring a youthful contour to the mid-face.

10. Non-Surgical Rhinoplasty

This advanced filler technique reshapes and refines the nose without surgery. It can smooth bumps, lift the nasal tip and improve overall profile balance.

11. Tear Trough Filler

Tear trough fillers address hollowness and dark circles under the eyes, refreshing the eye area and reducing a tired appearance.

R3530

12. Temple Filler

Volume loss in the temples can contribute to a hollowed look and make the face appear older or more tired. Fillers in this area gently restores fullness and support, softening hollowness and creating a more balanced, youthful frame for the eyes.

13. Full Face Harmonisation

A personalised treatment approach that restores balance, harmony and youthful structure by addressing multiple areas in one session. Often referred to as a non-surgical facelift, this treatment uses advanced filler techniques to lift and contour the cheeks, refine the jawline and chin, soften lines and enhance overall proportions.

Sculptra (Face & Neck)

Sculptra is a unique, collagen-stimulating injectable that works beneath the skin to gradually restore volume, improve skin quality, and enhance natural contours. Unlike traditional fillers, which provide instant volume, Sculptra encourages your body to rebuild its own collagen for results that develop subtly and last up to two years.

Our Sculptra treatments are priced from R7,900 per vial, with a discounted rate available when multiple vials are used during the same session.

1. Sculptra for the Face

Facial Sculptra treatments are ideal for restoring volume in areas affected by aging, such as hollow cheeks, temples, and jawline. It smooths lines, improves laxity and sagging, and enhances overall skin texture and quality - providing a refreshed, natural look that evolves over time.

2. Sculptra for the Neck

Stimulate your skin's own collagen to improve laxity, crepiness, and sagging in the neck. This leads to smoother, firmer, and more youthful looking skin with gradual, long-lasting results.

Skin Boosters

Skin boosters are injectable treatments designed to deeply hydrate and improve the overall quality of your skin. Unlike fillers, which add volume or structure, skin boosters work by infusing the skin with hyaluronic acid and nutrients to restore glow, elasticity, and smoothness from within.

Our Skin Booster treatments start from R3,250 per session, with a discounted rate available when multiple vials are used during the same session.

Profilho

Profhilo is an advanced injectable treatment designed to deeply hydrate and remodel the skin from within. Using high concentrations of pure hyaluronic acid, it spreads evenly beneath the surface to improve firmness, elasticity and overall skin quality. Results develop gradually, giving a refreshed and rejuvenated appearance without altering your natural features.

Our Profilho treatments start from R5,350 per session. with a discounted rate available when multiple vials are used during the same session.

Sclerotherapy for Telangiectasia

Sclerotherapy is a safe and effective treatment for leg telangiectasia or “spider veins.” A special solution is injected into the tiny vessels, causing them to collapse and fade over time.

Our Sclerotherapy treatments start from R1,500 per session.

Hyalase Treatment

Our Hyalase Treatment is designed to safely dissolve unwanted or misplaced hyaluronic acid filler. Using a specialised enzyme, we break down existing filler to correct overfilling, asymmetry or migration, restoring a more natural appearance.

It's a precise, corrective treatment that allows us to reset and refine - ensuring your results remain balanced and beautifully proportioned.

Our Hyalase Treatments start from R1,500 per session.

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